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NEW MEDICAL REPORT PATIENT QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name: _____ Date of visit: _____

Date of Birth (DD/MM/YYYY): _____ Age: _____ Marital Status: _____

Home Address: _____

Home phone number: _____ Mobile Number: _____ Male Female

Family Doctor Name and Address: _____

Solicitor Name and Address: _____

Handiness: Are you right Handed or Left Handed

What is your: **HEIGHT?** **WEIGHT?**

What is your occupation? _____

Are you currently working? _____

If not, how long have you been off work for? _____

Date of Accident/Injury (DD/MM/YYYY): _____

Brief description of accident/injury _____

Where you hospitalised at any stage for your injury/condition: _____

If so, which hospital were you admitted to and for how long? _____

Date you first sought treatment for your condition (DD/MM/YY): _____

What investigations have you had to date: X-rays MRI CT Isotope Bone Scan PET Ultrasound

Have you had any treatment to date? Yes No _____

If yes: Medication Physiotherapy Injections Orthotics Chiropractor Osteopath Acupuncture

Names of any specialist you have seen for this problem: _____

Number of attendances to specialist: _____

Number of attendances at Family Practitioner: _____

Number of attendances with Physiotherapist: _____

Number of attendances with other practitioner: _____

Have you had other accidents in the past? _____

If so, did your previous accident result in any injuries/ongoing symptoms? _____

Please continue on to the next section ↓

MEDICAL HISTORY:

Have you EVER IN YOUR LIFE had any of the following problems?

Tick Box **ONLY** if you have a history of the conditions below:

HEART PROBLEMS:

- Chest Pain
- High Blood Pressure
- Irregular Heartbeat
- Valve Disease
- Heart Failure, Heart Attack, Heart Surgery

LUNG PROBLEMS:

- Shortness of Breath
- Asthma
- Emphysema/COPD
- Sleep Apnoea

ENDOCRINE PROBLEMS:

- Diabetes
- Thyroid - Hyperthyroidism
- Thyroid -Hypothyroidism

BLADDER OR KIDNEY PROBLEMS:

- Difficulty passing urine
- Urinary tract infections
- Frequency/Urgency

STOMACH OR BOWEL PROBLEMS:

- Ulcers
- Diverticulitis

GENERAL:

- Previous Clots – Lung or Leg
- Epilepsy

CANCER:

- No
- Yes What kind

ARE YOU ALLERGIC TO ANY MEDICATION?

- No
- Yes What happens?

PLEASE LIST ANY **MEDICATION** THAT YOU ARE TAKING NOW (or attach a list):

- | | | |
|----|----|-----|
| 1. | 5. | 9. |
| 2. | 6. | 10. |
| 3. | 7. | 11. |
| 4. | 8. | 12. |

BLOOD THINNING MEDICATION:

Are you taking any of the following medications:

- Pradaxa Xarelto Plavix Warfarin Aspirin

Please continue on to the next section ↓

SURGICAL HISTORY

Please list any surgeries that you have had in the past:

SURGERY	SURGEON	LOCATION	DATE
1			
2			
3			
4			
5			
6			
7			

SOCIAL HISTORY

Do you smoke now? Yes No

If Yes, how much? 5/Day 10/Day 20/Day More For How Long? _____

If No, Did you ever smoke? Yes No If Yes, When did you stop? _____

How much did you smoke? 5/Day 10/Day 20/Day More For How Long? _____

Do you drink alcohol? Yes No If Yes, how much in a week? _____

What is your occupation? _____

Where do you live:

- House Apartment Nursing Home Assisted living

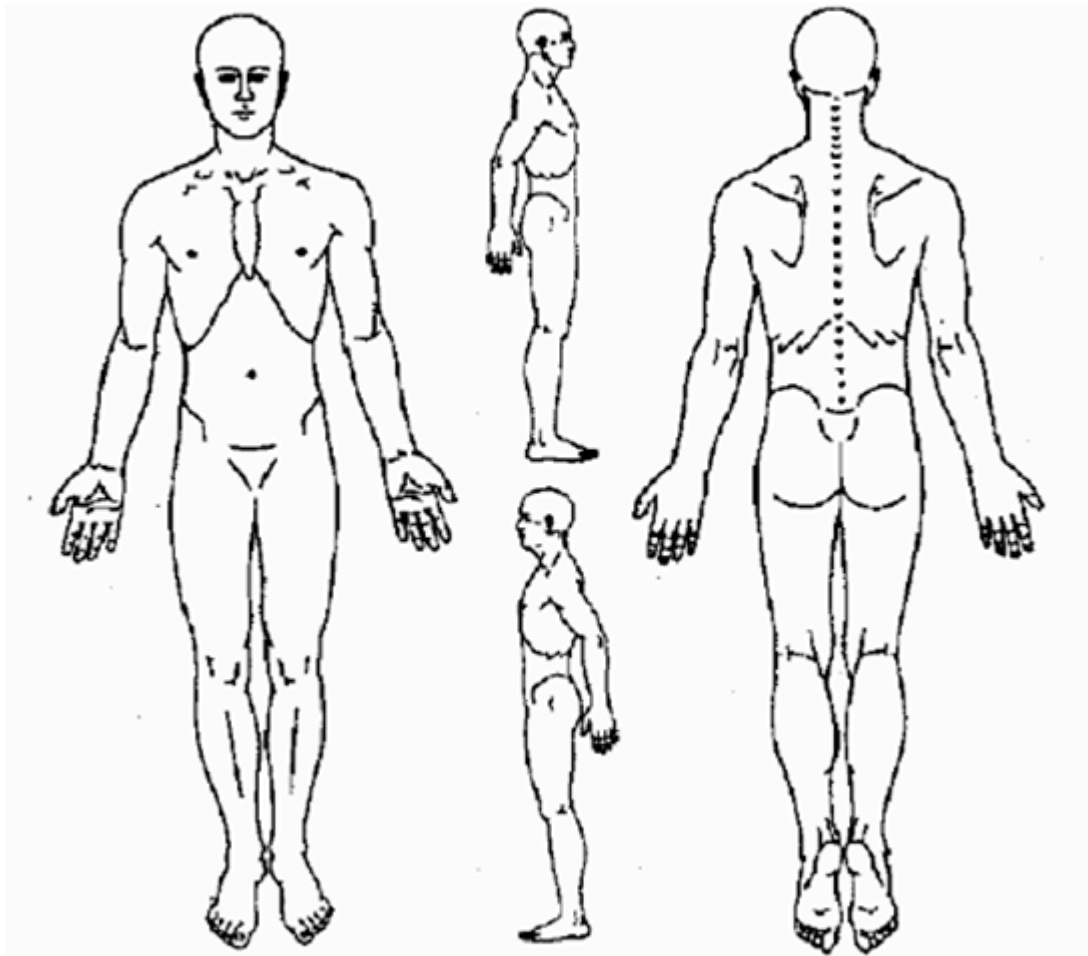
With whom do you live? _____

If you injured your back please complete the following sections:

Pain Diagram

Please mark the area of injury or discomfort on the chart below, using the appropriate symbols:

Numbness	Pins & Needles	Burning	Aching	Stabbing
-----	0 0 0 0 0	^ ^ ^ ^	X X X X	⊗ ⊗ ⊗ ⊗
-----	0 0 0 0 0	^ ^ ^ ^	X X X X	⊗ ⊗ ⊗ ⊗
-----	0 0 0 0 0	^ ^ ^ ^	X X X X	⊗ ⊗ ⊗ ⊗



Please number and mark the **severity of pain** you are currently experiencing on a scale from 0 (no pain) to 10 (severe pain).

Back Pain	<u>0 1 2 3 4 5 6 7 8 9 10</u>
Leg Pain	<u>0 1 2 3 4 5 6 7 8 9 10</u>

Modified Oswestry Low Back Pain Disability Questionnaire

Instructions for completion.

Please answer every question by placing a mark on the line that best describes your condition today. We realise you may find that two of the statements describe your condition, but **please mark only the line that most closely describes your current condition.**

1. Pain Intensity

- I can tolerate the pain I have without having to use pain medication.
- The pain is bad, but I can manage without having to take pain medication.
- Pain medication provides me with complete relief from pain.
- Pain medication provides me with moderate relief from pain
- Pain medication provides me with little relief from pain
- Pain medication has no effect on my pain

2. Personal Care (e.g., Washing, Dressing)

- I can take care of myself normally without causing increased pain.
- I can take care of myself normally, but it increases my pain.
- It is painful to take care of myself, and I am slow and careful.
- I need help, but I am able to manage most of my personal care.
- I need help every day in most aspects of my care.
- I do not get dressed, I wash with difficulty, and stay in bed.

3. Lifting

- I can lift heavy weights without increased pain.
- I can lift heavy weights, but it causes increased pain.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if the weights are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- I can lift only very light weights.
- I cannot lift or carry anything at all.

4. Walking

- Pain does not prevent me from walking any distance.
- Pain prevents me from walking more than 1 mile. (1 mile = 1.6 km)
- Pain prevents me from walking more than 1/2 mile.
- Pain prevents me from walking more than 1/4 mile.
- I can walk only with crutches or a cane.
- I am in bed most of the time and have to crawl to the toilet.

5. Sitting

- I can sit in any chair as long as I like
- I can sit in my favorite chair for as long as I like
- Pain prevents me from sitting for more than 1 hour.
- Pain prevents me from sitting for more than 1/2 an hour
- Pain prevents me from sitting for more than 10 minutes
- Pain prevents me from sitting at all.

6. Standing

- I can stand as long as I want without increased pain.
- I can stand as long as I want but it increases my pain.
- Pain prevents me from standing for more than 1 hour.
- Pain prevents me from standing for more than ½ an hour.
- Pain prevents me from standing for more than 10 minutes.
- Pain prevents me from standing at all.

7. Sleeping

- My sleep is never disturbed by pain.
- I can sleep well only using pain medication.
- Even when I take medication, I sleep less than 6 hours.
- Even when I take medication, I sleep less than 4 hours.
- Even when I take medication, I sleep less than 2 hours.
- Pain prevents me from sleeping at all.

8. Social Life

- My social life is normal and does not increase my pain.
- My social life is normal, but it increases my level of pain.
- Pain prevents me from participating in more energetic activities (e.g., sports, dancing).
- Pain prevents me from going out very often.
- Pain has restricted my social life to my home.
- I have hardly any social life because of my pain.

9. Traveling

- I can travel anywhere without increased pain.
- I can travel anywhere, but it increases my pain..
- My pain restricts my travel over 2 hours.
- My pain restricts my travel over 1 hour.
- My pain restricts my travel to short necessary journeys under 1/2 hour.
- My pain prevents all travel except for visits to the physician/therapist or hospital.

10. Employment/Homemaking

- My normal homemaking/job activities do not cause pain.
- My normal homemaking/job activities increase my pain, but I can still perform all that is required of me.
- I can perform most of my homemaking/job duties, but pain prevents me from performing more physically stressful activities (eg., lifting, vacuuming).
- Pain prevents me from doing anything but light duties
- Pain prevents me from doing even light duties.
- Pain prevents me from performing any job or homemaking chores.

For Surgeon use only

Hip Range of Motion: (5 Points)

ROM	Active		Passive	
	L	R	L	R
Flexion (110°)				
Extension (30°)				
Abduction (40°)				
Adduction (40°)				
IR Flex (40°)				
ER Flex (50°)				

Previous Surgery:
Components Used:

Date:

Cemented: Femoral: Y N
 Acetabulum: Y N
 Luceny: A I II III
 F 1 2 3 4 5 6 7 8
 Alignment: Varus Vlagus

Gait: Normal Antalgic Trendelenburg
 Short Leg Other _____

Trendelenburg Sign: Positive Negative

Thomas' Test: Positive Negative Left _____° Right _____°

Active SLR painful? Yes No If Yes Pain where? _____

Leg Length: Equal Left short _____mm Right short _____mm

Prior incision: Yes No If yes, where? _____ Skin Condition: _____

Tender: Yes No If yes, where? _____

Neurovascular:

Sensation: Intact Abnormal If yes, where? _____

Motor: **Right Motor** EHL _____ TA _____ QUAD _____
Left Motor: EHL _____ TA _____ Quad _____

Pulses: DP - PT PD PT

Knee ROM			
<i>Right</i>		<i>Left</i>	
Ext	°	Ext	°
Flex	°	Flex	°

Imaging:

DX: OA RA AVN [I / II / III / IV] |
 SCFE Dysplasia LCP Post Trauma Post Infection Other: _____

X-RAY LOCATION & DATE:

MRI LOCATION & DAT:

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Knee Range of Motion:

Knee ROM	Active		Passive	
	L	R	L	R
Flexion				
Extension				
Lag				
Effusion				
Tenderness				
Erythema				

Hip ROM	L	R
	Flexion (110°)	
Extension (30°)		
Abduction (40°)		
Adduction (40°)		
IR Flex (40°)		
ER Flex (50°)		

Gait: Normal Antalgic Flexed Knee Short Leg Other _____

Knee Stability AP >5mm 5-10 >10 mm Lachmann -Ve +1Ve +2Ve +3Ve

ML >5mm 5-10 >10 mm Pivot Shift Yes No

Rot. Instability Alignment Yes No

Non-Weight bearing Alignment Neutral Varus Valgus

Standing/Stress Alignment Neutral Varus Valgus

Prior incision: Yes No If yes, where? _____

Tender: Yes No If yes, where? _____

Neurovascular:

Sensation : Intact Abnormal If yes, _____

Motor: Right Motor Left Motor:

EHL _____ EHL _____

TA _____ TA _____

QUAD _____ QUAD _____

Pulses: DP PT DP PT

Previous Surgery:

Date:

Arthroscopy L R

Previous TKR L R

where?

XR Analysis:

DX: OA RA AVN Post Trauma Post Infection Previous Osteotomy Other: _____

X-RAY LOCATION & DATE:

MRI LOCATION & DATE:

Range of Motion:

ROM	R	L
Lumbar Flexion (60°)		
Lumbar Extension(25°)		
Lumbar Lateral Flexion (25°)		
Cervical Flexion (50°)		
Cervical Extension (60°)		
Cervical Lateral Flexion (45°)		
Cervical Lateral Rotation (80°)		

Red Flags:

1. Age <20yrs >55yrs
2. Site.
3. Past Hx. Ca, Steroids, TB, IVDA
4. Night Pain.
5. Weight Loss.
6. Widespread Neurology.
7. Structural Deformity.
8. Abnormal Blood Parameters.
9. Bowel/Urinary Disturbance

Neurology	Motor		Sensory	
	L	R	L	R
C5				
C6				
C7				
C8				
T1				
Reflexes Biceps				
Reflexes Triceps				
Reflexes Supinator				
Reflexes Hoffman				
Scapulohumeral				
Clonus				
Finger Escape				
Spurling's Test				

Neurology	Motor		Sensory	
	L	R	L	R
L2				
L3				
L4				
L5				
S1				
Reflexes KJ				
Reflexes AJ				
Babinski				
Clonus				
Lhermitte's				

Gait: Normal Spastic Unsteady Antalgic Trendelenberg Short Leg
Gait: Heel Walking Toe Walking Dynamic Rhomberg Test Other _____
Alignment: Coronal Balanced Yes No Sagittal Balanced Yes No
Lumbar Lordosis: Present Absent **Scoliosis:** Present Absent
Spinal Rhythm Normal Reversed
Prior incision: Yes No If yes, where? _____ **Skin Condition:** _____
Tender: Yes No If yes, where? _____
Leg Length: Equal Left short _____ mm Right short _____ mm
Pulses: **Right** DP PT **Left** DP PT
Lasègue's **Right** Degree _____° **Left** Degree _____°
FNST +ve **Right** Yes No **Left** Yes No

XR Analysis: X-rays Date _____

MRI Date: _____

